



# All India Institute of Medical Sciences, Rajkot, INDIA

## Basic Life Support & First Aid Training at Regional Science Center, Rajkot

Regional Science Center (RSC), Rajkot is one of the five museums set up by Gujarat council for science and technology (GUJCOST), Department of Science and Technology, Government of Gujarat to offer an experiential, entertaining facility where various facts of science are explained in an informative demonstrative and interactive exhibits in various galleries.

Since this centre is expecting more than thousand visitors including school children after inauguration, Project Director at RSC, Rajkot had approached AIIMS, Rajkot to conduct the Basic Life Support and first aid training programme for their staff.

With permission of Col Dr CDS Katoch Sir, Executive Director AIIMS Rajkot, the basic life support and first aid training workshop for staff members at RSC, Rajkot was conducted by faculties and staff of AIIMS, Rajkot.

The Training team from AIIMS Rajkot included

- Dr Bhavesh Modi (Professor and Head Department of Community and FM)
- Dr Pradip Barde (Associate Professor Department of Physiology)
- Dr Vinay Chitturi (Assistant Professor Department of Physiology)
- Dr Abhilasha Motghare (Assistant Professor Anesthesiology)
- Staff Nurse: Mr Badal Paladiya and Hitesh Lokhil & MTS.

**Date: 11/07/2022**

**Time: 10.00 am to 4.00 pm**

**Participants: Two batches of 20 participants** including Project Director, office staff, gallery coordinators, house-keeping staff and security.

The programme schedule was as follows:

Activity	Speaker	Time
Opening Session/ Welcome	Dr Bhavesh Modi & PD, RSC	5 mins
Pre training Questionnaire	Team AIIMS, Rajkot	10 mins
Concept of BLS & COLS Airway & AED	Dr Pradip Barde Dr Abhilasha Motghare	25 mins
First Aid	Dr Vinay Chitturi	15 mins
Training on Mannequins (5 stations)	Team AIIMS, Rajkot	30 mins
Post training Questionnaire	Team AIIMS, Rajkot	10 mins
Remedial Session with feedback	AIIMS, Rajkot	10 mins
Concluding Session/ Vote of Thanks	All faculties and participants	5 mins

Interactive theoretical lectures were followed by an actual individualised hands-on training on mannequins. The queries of the participants were handled through interactive session and by giving simple examples by expert faculties from AIIMS, Rajkot.

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