

**ALL INDIA INSTITUTE OF MEDICAL SCIENCES, RAJKOT**  
**DEPARTMENT OF COMMUNITY AND FAMILY MEDICINE**



**A Report on**  
**Family Health and Advocacy Services (FHAS) Clinical Posting**  
**Urban Health Training Center (UHTC)**  
**Department of Community & Family Medicine,**  
**AIIMS, Rajkot, Gujarat, INDIA**



## **Family Health and Advocacy Services (FHAS) Clinical Posting**

The aim of the Family Health and Advocacy Services (FHAS) posting is to enable each student to appreciate the family as a basic unit of the community and acquire practical experience in comprehensive health care- (promotive, protective, curative and rehabilitative) and maintain the health of each member of the family to an optimum standard. The Batch 2020 was posted and rotated in different subjects/ departments for four weeks in groups of ten students each (March-July 2022). This is the theoretical summary with pictorial glimpses of the academic activities that have been conducted during the clinical posting of MBBS students for FHAS in Department of Community & Family Medicine, AIIMS, Rajkot.

The focus of teachings was in accordance with the curriculum based medical education (CBME) goal of creating Indian Medical Graduate (IMG) possessing requisite knowledge, skills, attitudes, values and responsiveness, so that s/he may function appropriately and effectively as a physician as first contact of the community. The specific competencies taught and practiced were assessment of diet, nutrition, home economics and socio-economic status along with detailed discussion of influence of demographic, socio-cultural, environmental and family related factors on health status and health seeking behaviour. Other important topics discussed were health indicators, health information system, vital statistics, overcrowding and housing.

The family visits of students were organised during the morning half of the academic schedule. The field visits were an opportunity to learn and demonstrate the specific objectives of communication skills and identifying the health status and need of a family. The students were encouraged and helped to communicate adequately, sensitively, effectively and respectfully with patients, colleagues, families and community so as to improve patient satisfaction and health care outcomes in a simulated environment. They learned to inform and



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educate the family about the improvement of personal hygiene and basic sanitation, assessment of nutritional status of the family and promotion of healthy dietary practices by recommending locally available foods which is acceptable to them, and awareness about different health care services available in the community and referral services to nearby hospitals.

Apart from family visits and community awareness activities, specific case scenarios and appropriate case management was discussed in classroom teachings including

- Maternal Health (Antenatal care, Postnatal care)
- Integrated management of neonatal and childhood illnesses (IMNCI)
- Child Health (under five years)
- Infectious Diseases (Tuberculosis, Dengue/Chikungunya, etc.)
- Chronic non-communicable diseases (Diabetes and Hypertension)

At the end of clinical posting, an internal examination of maximum marks 100 was organised where formative assessment based on documentation of work, direct observation, discussion of individual cases, and assessment of knowledge and skills was done.

Each batch students' prepared one community awareness activity during their posting. For presenting they made skits, videos and the posters related to their awareness theme. The batch A, B and C developed and presented posters and skit/ roleplay activity on "World Population Day", "World Child Labour Day" and "World No Tobacco Day" respectively. The World Malaria day and World Health Day theme related activities for community awareness were prepared by batch D and E students.

Dr Anjali Modi (Faculty UHTC In-Charge) supervised and organised the FHAS clinical posting activities with assistance from Dr Archi Dave (Senior Resident), Dr Mukunda Rathod (Junior Resident) and Mr Ketan Patadiya (Medical Social Worker) under the guidance of Dr Bhavesh Modi (Professor & HOD).



*Pictures 1-3: Few glimpses from the field practice area and postnatal case family visit by UHTC team and students AIIMS Rajkot.*



*Pictures 4-9: Few glimpses from the field practice area, antenatal, postnatal, children under five years of age and tuberculosis, diabetes, hypertension case family visits by students and team UHTC AIIMS Rajkot .*



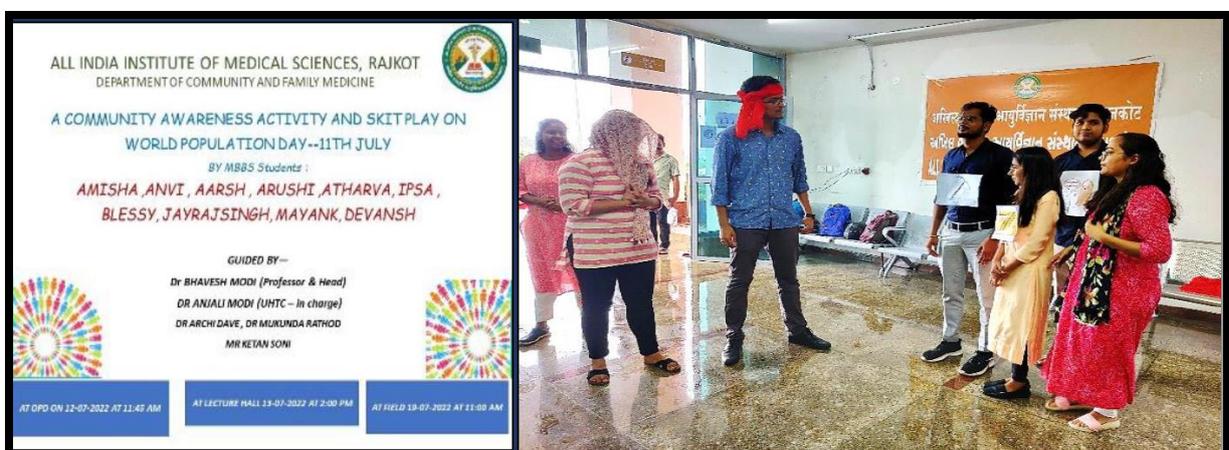
Picture 10 and 11: A visual glimpse of awareness activity performed by students of FHAS posting on “No Tobacco Day” and inauguration of De-addiction Clinic AIIMS Rajkot. The video link to this activity is- <https://youtu.be/-FT41ZCyKwU>



Pic 12-14: A collage of role play and health education activities at OPD, Institute and Madhapar Primary School on World Health Day 2022 by students FHAS posting AIIMS Rajkot



Pic 15-18: IEC material preparation and role-plays performed by CFM department team and students in FHAS- UHTC posting on World Malaria Day



Pic 19 and 20: IEC material preparation and role-plays performed by CFM department team and students in FHAS- UHTC posting on World Population Day



*Pic 21 and 22: A still from FHAS- UHTC posting community awareness and field visit by AIIMS Rajkot CFM department faculties, residents and students*

*End of the report- prepared by Dr Anjali Modi (Faculty UHTC, CFM, AIIMS Rajkot)*